POOL MRCC Class Cancellations/Schedule Changes? Call 895-5020, ext. 4

WINTER~2015 (JAN - APR)

CLASS TIME	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
5:45AM			AQUA AEROBICS *Carol*		AQUA AEROBICS *Janice*		
7:30AM							AQUA H.I.I.T. *VJ*
8:30~ 9:15 AM		AQUA AEROBICS *Carol*		AQUA AEROBICS *Darrell*		AQUA AEROBICS *VJ*	AQUA AEROBICS *Rotating*
9:15~ 10:00 AM		AQUA H.I.I.T *Carol*		AQUA H.I.I.T. *Darrell*		AQUA H.I.I.T. *VJ*	
10AM		JOINTS IN MOTION *Carol*		JOINTS IN MOTION *Darrell*		JOINTS IN MOTION *Carol*	
6:00PM		AQUA AEROBICS *Rebecca*	AQUA H.I.I.T. *VJ*	AQUA AEROBICS *Janice*	AQUA AEROBICS *Darrell*		